Year 1 Long Term Planning 2024-2025

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2			
	Lost and Found	<u>Nibbles</u>	The Lion Inside	The Curious Case of Missing	Toys in Space	Goldilocks and Just One Bear			
	Themes: friendship, loneliness, a lost penguin arrives on a boy's doorstep – journey to the South Pole.	Themes: Fairy Tales - mischievous monster who messes up the original folk tales.	Themes: Being true to yourself, aspirations, friendship, rhyming – mouse wants to roar like a lion; the lion fears the mouse.	Mammoth Themes: Chasing a baby woolly mammoth through a museum of interesting creatures and objects, endangered/extinct species.	Themes: Toys left outside who get on a spaceship and travel in to space. Meet a lonely alien in need of help and friends.	Themes: Grown up baby bear wanders out of the forest and is lost in a big city.			
Literacy	Outcome: Adventure story based on the structure of Lost and Found. Greater Depth: Change the setting.	Outcome: Recount - diary entry. Greater Depth: Add in detail about others character's feelings.	Outcome: Journey story based on the structure of The Lion Inside. Greater Depth: Change both animals in the story	Outcome: Adventure story based on the structure of The Curious Case of the Missing Mammoth. Greater Depth: Change the setting.	Outcome: Fantasy story based on the structure of Toys in Space. Greater Depth: Choose their own toy to write about and change the space creature.	Outcome: Traditional story based on the structure of Goldilocks and Just One Bear. Greater Depth: Change the animals and the setting			
	Mastery Keys Combine words to make sentences Leave spaces between words Begin to use capitals letters and full stops Use capital letters for the names of people and the personal pronoun 'T'	Mastery Keys Join words using 'and' Punctuate sentences using a capital letter and a full stop. Use capital letters for names of people. Sequence sentences to form short narratives. Use plural noun suffixes 's' and 'es'	Mastery Keys Punctuate sentences using a capital letter and a full stop, some question marks, some exclamation marks. Join words and clauses using 'and.' Some accurate use of the pre-fix 'un.' Some accurate use of suffixes (where no change is needed to the root of the word e.g. ed, ing, er, est.	Mastery Keys Join words and clauses using 'and.' Punctuate sentences using a capital letter and a full stop, question mark or exclamation mark. Add suffixes to a word (where no change is needed to the root of the word e.g. ed, ing, er, est.	Mastery Keys Join words and clauses using 'and.' Punctuate sentences using a capital letter and a full stop, question mark or exclamation mark. Add suffixes to verbs (where no change is needed to the root of the word e.g. ed, ing, er, est. Change the meaning of verbs and adjectives using the prefix 'un.'	Mastery Keys Join words and clauses using 'and.' Use simple description. Sequence sentences to form short narratives (link ideas or events by pronouns). Use a capital letter for places and days of the week. Punctuate sentences using a capital letter and a full stop, question mark or exclamation mark.			
	Missed NC Objectives not covered in Pathways to Write								
	Days of the week, naming letters								
	Poetry (To be completed during Assessment Week) Poem: There are no such thing as monsters! Outcome: To create and describe new monsters to add to the model of the poem. Greater Depth: To write own version of the poem (including elements of rhyme)		Greater Depth: Include elements of rhyme with the option to use own opening and closing lines. Poetry Keys:						
	Poetry Keys: Create imaginative ideas. List words and phrases. Use simple language patterns e.g. repetition and rhyme.		Play with words e.g. onomatopoeia, rhyme. List words and phrases. Use simple language patterns e.g. repetition and rhyme.						

Pupils will have an opportunity to consolidate the Early Learning Goals and continue to explore the composition of numbers within 10, and the position of these numbers in the linear number system.

Pupils will:

- subitise within 5, including when using a rekenrek, and re-cap the composition of 5
- \cdot develop their understanding of the numbers 6 to 9 using the '5 and a bit' structure
- · compare numbers within 10 and use precise mathematical language when doing so
- re-cap the order of numbers within 10 and connect this to '1 more' and '1 less' than a given number
- explore the structure of even numbers (including that even numbers can be composed by doubling any number, and can be composed of 2s)
- \cdot explore the structure of the odd numbers as being composed of 2s and 1 more
- explore the composition of each of the numbers 6, 8, and 10
- explore number tracks and number lines and identify the differences between them.

Pupils will continue to explore the composition of numbers within 10 and explore addition and subtraction structures and the related language (without the use of symbols).

Pupils will:

- explore the composition of each of the numbers 7 and 9
- explore the composition of odd and even numbers, seeing that even numbers can be made of two odd or two even parts, and that odd numbers can be composed of one odd part and one even part
- identify the number that is two more or two less than a given odd or even number, identifying that two more/less than an odd number is the next/ previous odd number, and two more/less than an even number is the next/ previous even number
- explore the aggregation and partitioning structures of addition and subtraction through systematically partitioning and re-combining numbers within 10 and connecting this to the part-part-whole diagram, including using the language of parts and wholes
- $\boldsymbol{\cdot}$ explore the augmentation and reduction structures of addition and reduction using number stories, including introducing the 'first, then, now' language structure

Pupils will explore the composition of numbers within 20 and their position in the linear number system. They will connect addition and subtraction expressions and equations to 'number stories').

Pupils will:

- explore the composition of the numbers 11 to 19 as '10 and a bit' and compare numbers within 20
- connect the composition of the numbers 11 to 19 to their position in the linear number system, including identifying the midpoints of 5, 10 and 15
- compare numbers within 20
- understand how addition and subtraction equations can represent previously explored structures of addition and subtraction (aggregation/ partitioning/ augmentation/ reduction)
- · practise retrieving previously taught facts and reason about these

Number: Place Value Within 10

Count to 10 forwards and backwards beginning with 0 or 1, or any given

Count, read and write numbers to 10 in numerals and words.

Given a number, identify one more and one less.

Identify and represent numbers using objects and pictorial

representations including the number line and use the language of equal to, more than, less than, fewer, most, least.

Number: Addition and Subtraction Within 10

Represent and use number bonds and related subtraction facts within 10. Read, write and interpret mathematical statements involving addition, subtraction and equals signs.

Add and subtract one-digit numbers to 10 including zero. Solve one step problems that involve addition and subtraction using concrete objects, pictorial representations and missing number problems.

Geometry: Shape

Recognise and name common 2D shapes including rectangles, circles and triangles.

Recognise and name common 3D shapes including cuboids, pyramids and spheres.

Number: Place Value Within 20

Count to 20 forwards and backwards beginning with 0 or 1, or any given number. Count, read and write numbers to 20 in numerals and words.

Given a number, identify one more and one less.

Identify and represent numbers using objects and pictorial representations including the number line and use the language of equal to, more than, less than, fewer, most, least

Number: Addition and Subtraction within 20

Represent and use number bonds and related subtractions facts within 20.

Read, write and interpret mathematical statements involving addition, subtraction and equals signs.

Add and subtract one-digit and two-digit numbers to 20, including zero. Solve one step problems that involve addition and subtraction using concrete objects, pictorial representations and missing number problems.

Number: Place Value within 50

Count to 50 forwards and backwards beginning with 0 or 1, or any given number. Count, read and write numbers to 50 in numerals and words.

Given a number, identify one more and one less.

Identify and represent numbers using objects and pictorial representations including the number line and use the language of equal to, more than, less than, fewer, most, least.

Count in multiples of 2, 5 and 10.

Measurement: Length and Height

Compare, describe and solve practical problems for lengths and heights (for example, long/short, longer/shorter, tall/short, double/half)

Measurement: Weight and Volume

Measure and begin to record mass/weight, capacity and volume.

Compare, describe and solve practical problems for mass/weight (for example, heavy/light, heavier than, lighter than) capacity and volume (for example, full/empty, more than, less than, half, half full, quarter).

Number: Multiplication and Division (Reinforce multiples of 2, 5 and 10 to be included)

Count in multiples of two, fives and tens.

Solve one step problems involving multiplication and division using concrete objects, pictorial representations and arrays with the support of the teacher.

Number: Fractions

Find, recognise and name a half as one of two equal parts of an object, shape or quantity.

Recognise, find and name a quarter as one of four equal parts of an object, shape or quantity.

Compare, describe and solve practical problems for lengths and heights.

Compare, describe and solve practical problems for mass/weight.

Geometry: Position and Direction

Describe position, direction and movement, including whole, half, quarter and threequarter turns.

Number: Place Value within 100

Count to and across 100, forwards and backwards, beginning with 0 or 1, or any given number

Count, read and write numbers to 100 in numerals.

Given a number, identify one more and one less.

Identify and represent numbers using objects and pictorial representations including the number line and use the language of equal to, more than, less than, fewer, most, least.

Measurement: Money

Recognise and know the value of different denominations of coins and notes.

Measurement: Time

Sequence events in chronological order using language (for example, before and after, next, first, today, yesterday, tomorrow, morning, afternoon and evening. Recognise and use language relating to dates, including days of the week, weeks, months and years.

Tell the time to the hour and half past the hour and draw the hands on a clock face to show these times. Compare, describe and solve practical problems for time (for example, quicker, slower, earlier, later.

Measure and begin to record time (hours, minutes, seconds)

Our Village

Can I recognise the different seasons and their weathers?
Know and recognise main weather symbol (Also covered in Science)
Know which is the hottest and coldest season in the UK

Can I use aerial photographs and maps to recognise human and physical features?

Use ariel photographs of Rainford village to recognise landmarks and basic human and physical features (compare places within the map and compare with older maps)

Local walk around the village

Use simple fieldwork and observational skills to study the geography of their school and its grounds then a walk around the village identifying landmarks
Use locational language - up down forwards backwards on a map to follow directions

Can I create my own simple picture map of Rainford? Use a simple picture map of Rainford Draw their own simple picture

maps using basic symbols

Can I compare a village, town and city?

Know the main difference between city, town and village. Compare the city of London to the village of Rainford and the town of St Helens.

Prior Learning: Link to Reception and the topic of 'Journeys' Where have they visited? (Mindmap)

Post Learning: What human and physical features are there in Rainford? Name 3 main similarities and differences between a village, town and city. What does this weather symbol show?

St Helens

Know how the local area is different to the way it used to be a long time ago.

Differentiate between things that were here 100 years ago and things that were not (including buildings, tools, toys, etc.

Significant historical events, people and places in their own locality

Changes within living memory. Where appropriate, these should be used to reveal aspects of change in national life (Mining)

Prior Learning: Recap from 'Our Country' that Rainford is a village and St Helens is a town. What human features can we list that we think are old/new.

Post Learning: Table of 100 years ago and now. Comparing St Helens similarities and differences.

- 1. St Helens- compare 100 years ago to now. How has St Helens changed from photographs
- 2. Glass works- When did the glass works start in St Helens? Why is St Helens famous for glass work? Pilks, United Glass Visit World of glass
- 3. Coal Mining in St Helens.
- 4. History of St Helens Rugby League Football Club
- 5. Children to write a leaflet based on the History of St Helens.

Hot & Cold Places - Kenya/Canada

Name the seven continents and five oceans. Identify these in relation N, E, S. W.

Use Globe Earth as a stimulus.
Children to use Atlases to find and locate.

Identify hot/cold continents and discuss in relation to the equator Use N, E, S, W.

Identify animals that live in these hot /cold continents.

Refer back to Globe Earth to identify Climate Zones including those with Deserts.

Focus on one hot country (Kenya) and cold country (Canada)
Discuss Physical Features and Human
Features.

<u>Links:</u> English: Focus on Africa - Link to The Lion Inside

Prior Learning: Link back to 'Our Villlage' topic- where is Rainford?-discuss climate in UK being cold,. Link to EYFS 'Journeys' topic and where they've visited on holiday- discuss warm climate.

Post Learning: Label 7 continents and 5 oceans on a map.
Across the year Seasons and Weather

Toys

Sequence their birthday, start of Reception and start of Year 1.
Sequence toys from different times.
(Use photographs to discuss what is different and what is alike?
Look at schools from past and present Venn diagram.

Match toys to different aged people. Children to think about what they would like to ask Grandparents about toys that they used to play with. Devise a questionnaire to send home. Visit from grandparents to come in and recount stories about their past and the games they played.

<u>Links:</u> English: recount the day when grandparents came in to visit us.

Our Country

Discuss and locate the four countries on a map of The United Kingdom.

Identify the main seas around The United Kingdom.

Identify the Capital Cities of each country and locate on a map of The United Kingdom.
Use a map showing the countries in UK and surrounding seas

Know the main difference between city, town and village (recap from Autumn 1)Compare the city of London to the village of Rainford and the town of St Helens.

Additional English Text: (Using 'The Naughty Bus' as a stimulus, focus on London) Identify famous landmarks and characteristics of the 4 countries of the UK, e.g. Tower Bridge, Big Ben, Buckingham Palace.
Focusing on London discuss Physical features

Prior Learning: Link to Reception and the topic of 'Journeys' Where have they visited?

of a city.

Post learning: Label a map of the UK including seas. GD include Capital Cities

Famous People Who Changed <u>History</u>

Place Florence Nightingale on the timeline and discuss.
Who is Florence Nightingale and why is she important?
Recognise the differences between nurses now and in the past. What is alike and what is different?
Look at Mary Seacole - how is she different to Florence Nightingale?
Is she any less of an important person?

Recognise the differences between hospitals now and in the past. What is alike and what is different?

<u>SMSC:</u> May 12th—international nurses day. Celebrates and commemorates her birth and role.

Prior Learning: Linking to 'People who help us' in Reception- discuss nurses. Using class timeline, where do the chdn think Florence Nightingale and Mark Seacole would be on the timeline-discussion and predictions on post it notes.

Post Learning: Poster/biography of who was Florence
Nightingale and why was she special?

	Across the year Seasons and Weather link with Science topic.					
Science	Animals Including Humans - All About Me Discover basic parts of human body Learn about eyes and sight Learn about ears and hearing Explore tongue and taste Explore your sense of touch Learn how your nose smells Prior Learning: Can we name the basic body parts? Point to your head, nose etc. Post Learning: Label parts of the body. Name ways to stay healthy.	Plants Understand that seeds grow into plants Name parts of a tree and plant Understand different plants grow in the same environment Know the difference between evergreen and deciduous trees Know that fruit trees and vegetables are variety of plants Prior Learning: Link back to Reception (exploring natural world, drawing plants). Can they name any plants? What do plants need? Post learning: Label a plant. Can they name any flowers/plants/trees?	Animals Including Humans - All About Pets Discover animal families Learn about the differences between mammals and birds Learn about the differences between amphibians, reptiles and fish Discover types of food living things eat Explore differences between wild animals and pets Explain the characteristics of an animal Prior Learning: Link back to Reception (exploring natural world - drawing animals/recognising where animals start off/pets - being cared for etc).	Seasonal Changes Understand there are four seasons Understand changes that take places in Autumn Understand changes that take place in Winter Understand changes that take place in Spring Understand changes that take place in Summer Investigate how you can measure rainfall Prior Learning: Link to Reception - naming the four seasons. Post Learning: Drawing pictures of each season/labelling pictures of the seasons	Everyday Materials - About Materials Identify and name a variety of materials Distinguish between an object and the material it is made from Describe properties of everyday materials Identify objects that are natural and man- made Predict and identify which objects will float and sink Explore which materials are best for different objects Prior Learning: What materials an you think of? How do they feel? Mindmap Post Learning:	Everyday Materials - About Materials Build a structure strong enough to withstand wind Build a waterproof structure Understand the properties of glass and its uses Understand that materials are used to create a variety of furniture Explore a variety of fabrics and understand their different properties Explain uses of materials and why they are suitable Prior Learning: What can you remember about materials from last half term?
	PSHE- About what keeping healthy means; different ways to keep healthy. H1 Foods that support good health and risks of eating too much sugar. H2 About how physical activity helps us to stay healthy; and ways to be physically active every day. H3 About why sleep is important and different ways to rest and relax. H4	Links: Write a set of instructions on how to grow a plant	Post Learning: Sorting animals into groups - fish, amphibians, reptiles, birds and mammals. Link statements to show understanding of herbivore, carnivore, omnivore. Links: Geography: Discuss animals related to topic of hot places. PSHE - How people and other living things have different needs, about the responsibilities of caring for them. L2	Links: Geography: Develop understanding of weather around the world to make comparisons - particularly weather in cold places.	Links: English: different materials of the toys and their suitability for different types of play. SMSC: Recycling.	Post Learning: Draw and label an object and the material that its made from. Name a property of a material. Links: History: Famous people from the past & materials/objects used by nurses today compared to then

	Online Safety Computer Skills	Computer Skills	<u>Painting</u>	<u>Programming</u>	Word Processing	Using and Applying
	Click and drag with a mouse or a trackpad	Click and drag with a mouse or a trackpad	Paint with different colours using 'Paint'	Open Scratch app and start a new project	Type with two hands	Turn on a computer and open an application independently
	Switch on and shutdown a computer independently	Switch on and shutdown a computer independently	Paint with different brushes on 'Paint'	Add new characters and background	Use shift, space and enter correctly Use undo and redo correctly and when	Type letters and symbols, including use of the shift key
	Launch an application by double clicking it.	Launch an application by double clicking it.	Create shapes on 'Paint'	Use blocks for movement in different directions	necessary	Format text in different ways (bold, italic, underline)
	Log on and off on a computer	Log on and off on a computer independently	Learning how to save paintings in their folder	Create short sets of sequenced instructions	Make text bold, italic and underline Save work in their own folder	Draw different shapes using paint
	independently Manipulate an application window	Manipulate an application window by moving and resizing it	Fill an area with colour Undo and redo actions	Use different end blocks, including repeat forever	Edit text using backspace, delete and the arrow keys	software Click, double-click and drag objects
	by moving and resizing it	Gain confidence when double clicking with	Add and format text while learning how	Change the size of characters to grow	Format the font and select single words	Save and open files independently
	Gain confidence when double clicking with a mouse or a trackpad	a mouse or a trackpad	to resize text and images	or shrink Hide and show characters with an instruction block	Develop some knowledge of the location of letters and symbols on the keyboard	Make shapes to a desired size and in the correct position, on paint software
ıting mputing)	Typing their name on a piece of work that they have created	ECW CO 8.1, 8.2, 8.3	ECW OREP 3.1, 3.2, 3.3	Program two or more characters with instructions at the same time	Select text in different ways (drag and highlight, shift and direction)	Select and compare different brush types
Computing nkl Compu	Open a web browser independently and use safe image searching			Try to predict behaviour of a character based on a sequence of instructions	ECW MOI 5.1, 5.2, 5.3	Try to move, resize, minimise and restore windows
C. (Twink	Recall and learn SMART rules for internet safety			ECW OB 4.1, 4.2, 4.3		
	Know who to tell if someone online asks for personal information. What should be kept private.					
	Telling an adult if they come across something that scares them. PSHE - H34					
	Understand why email is a good way to communicate					
	Choose the correct safe search filter when searching online					
	Make links between online and offline worlds					
	Learn how to construct an email					
	PSHE- About rules and age restrictions that keep us safe. H28					

	PSHE- About different ways to learn and play, recognising the importance of knowing when to take a break from time online or TV. H9 PSHE- People can say hurtful things online. R10. The importance of telling a trusted adult. R12 ECW HWL 6.1, 6.2, 6.3 ECW PS 7.1, 7.2, 7.3					
Music (Charanga Scheme)	Unit 1 - My Musical Heartbeat Every piece of music has a heartbeat - a musical heartbeat. In music, we call it the 'pulse' or the 'beat' of the music. When you are listening and singing to the music and songs in this Unit, try to find and keep the pulse or steady beat together. You might march, clap or sway in time - find a movement that helps you to keep the beat	Nativity Songs	Unit 3 - Exploring Sounds Music is made up of high and low sounds, long and short sounds, and loud and quiet sounds. Explore these sounds and create your own very simple melodies.	Unit 4 - Learning to Listen Listening is very important. You can listen with your eyes and ears and you can also feel sound in your body. What can you hear in this unit?	Unit 5 - Having fun with improvisation Improvising is fun! It's an exciting activity where everyone is creating something new. It can be a melody or a rhythm. When you improvise, you can do it on your own or in groups.	Unit 6 - Lets perform together Singing, dancing and playing together is called 'performing'. Performing together is great fun! Plan a concert together to celebrate all the songs you have learnt this year

Families and friendships Safe relationships Respecting ourselves and others Aut 1 NO: L1 No: L1 No: L2 No: L3 No: L3 No: L4 No: L3 No: L4 No: L3 No: L4 No: L3 No: L4 No: L4 No: L5 No: L2 No: L4 No: L5 No: L4 No: L5 No: L4 No: L5 No: L5 No: L5 No: L4 No: L5 No:	Art/DT (KAPOW)	Constructing a windmill -Follow design criteria to meet the needs of a userMake a stable structureMake functioning sails/blades that attach to the supporting structureImprove their windmill.	Drawing: Make your mark -Show knowledge of the language and literacy to describe linesShow control when using string and chalk to draw linesExperiment with a range of mark-making techniques, responding appropriately to musicColour neatly and carefully, featuring a range of different media and coloursApply a range of marks successfully to a drawingProduce a drawing that displays observational skill, experimenting with a range of lines and mark making.	Making a moving story book -Identify whether a mechanism is a side-to-side slider or an up-and-down slider and determine what movement the mechanism will makeClearly label drawings to show which parts of their design will move and in which directionMake a picture, which meets the design criteria, with parts that move purposefully as plannedEvaluate the main strengths and weaknesses of their design and suggest alterations.	Painting & Mixed Media: Colour splash -Name the primary coloursExplore coloured materials to mix secondary coloursMix primary colours to make secondary coloursApply paint consistently to their printing materials to achieve a printUse a range of colours when printingMix five different shades of a secondary colourDecorate their hands using a variety of patternsMix secondary colours with confidence to paint a plateDescribe their finished plates.	Food & Nutrition: Smoothies -Describe fruits and vegetables and explain how to identify fruits. -Name a range of places that fruits and vegetables grow. -Describe basic characteristics of fruit and vegetables. -Prepare fruits and vegetables to make a smoothie.	Craft & Design: Woven Wonders -Draw and talk about a remembered experience of making something creative. Independently choose and measure lengths of wool and join wool sections togetherAdjust their wrapping technique if something doesn't work wellShow that they are selecting colours thoughtfullyBe open to trying out a new skill. Show that they are choosing materials based on colour, thickness and flexibilityWeave with paper, achieving a mostly accurate pattern of alternating stripsDescribe their own weaving and compare it to Vicuna's artworkDiscuss the choices they make and what they like about their finished work
	PSHE	Respecting ourselves and others Aut 1 NO: L1 Roles of different people; families; feeling cared for PoS Refs: R1, R2, R3, R4, R5 How behaviour affects others; being polite and respectful PoS Refs: R21, R22 ECW SI 1.3 ECW ORel 2.3 Aut 2 NO: L2 Recognising privacy; staying safe; seeking permission PoS Refs: R10, R13, R15, R16, R17 ECW ORel 2.1 No Outsiders programme: Autumn 1: I like the way I am (Elmer)		Money and work Spring 1 NO: L3 What rules are; caring for others' needs; looking after the environment PoS Refs: L1, L2, (L1 & L2 covered in Aut 1) L3 Using the internet and digital devices; communicating online PoS Refs: L7, L8 ECW ORel 2.2 ECW HWL 6.1, 6.2, 6.3 Spring 2 NO: L4 Strengths and interests; jobs in the community PoS Refs: L14, L16, L17 No Outsiders programme: Spring 1: To find ways to play together (Want to play trucks?)		Physical health and Mental wellbeing Growing and changing Keeping safe Summer 1 NO: L5 Keeping healthy; food and exercise, hygiene routines; sun safety PoS Refs: H1, H2, H3, H5, H8, H9, H10 Recognising what makes them unique and special; feelings; managing when things go wrong PoS Refs: H11, H12, H13, H14, H15, H21, H22, H23, H24 ECW SI 1.1, 1.2 Summer 2 NO: L6 How rules and age restrictions help us; keeping safe online PoS Refs: H28, H34 ECW No Outsiders programme:	

εαχ	Christianity God	<u>Christianity Jesus</u>	<u>Islam</u>	<u>Judaism</u>	<u>Hindu dharma</u>	Christianity Church
RE What do people	Why do Christians say that God is a 'Father'? • God the Father • Prayer	Why is Jesus special to Christians? The nativity story. • Beliefs about Jesus as God incarnate • Christmas	How might beliefs about creation affect the way people treat the world? • God as creator • Care for the planet	Why might some people put their trust in God? • God's promise • Noah/Abraham • Trusting in God	What do Hindus believe about God? One God in many forms God in all things Expressing ideas about God	How might people show that they 'belong' to God? • Baptism • Belonging
PE	Football Funs I can stop a ball using the sole of my foot I can attempt to pass a ball with the inside of my foot I can dribble a ball using my feet, keeping the ball near me I can dribble into a space, keeping the ball near to me I can tackle another player and sometimes get the ball I can play football in a team and be honest and follow the rules	Indoor Athletics Throwing using a sitting chest push-small ball Jumping bending knees and pushing off - being competitive to improve distance Speed bounce/jump over a throw down strip, cone, spot Leaping developing coordination Skipping - stepping though the hoop-two feet or one at a time Vertical jump - co-ordination of banana splat tap- jumping at various heights Co-operate and compete on own and in a team in various running games	Multiskills Balance on lines with control and use equipment to balance on various parts of the body Changing direction with some control (agility) Co-ordinating body whilst beginning to move with equipment Co-operate, compete and challenge themselves as a team in various games	<u>Fitness</u>	Kwik cricket Rolling and stopping a ball with one/two hands Throw and catch a ball with some control Bowl underarm towards a target Hit a ball off a tee using various bats Play a modified game hitting off a tee Small-sided adapted games. Begin to develop tactics for striking and fielding	Ball Games Catch/receive a ball safely. Pass a ball with some control (using either hands, feet or object) Introducing footwork e.g. stopping and freezing in adapted games, landing on spots with two feet Move into a space in a game, looking to throw/pass the ball to someone in a space Follow an opponent in a game/adapted game Scoring in a variety of ways- into hoops, goals or targets Begin to develop tactics for attacking and defending. Children begin to learn rules of adapted games.
						They learn that rules are there to keep you safe and encourage fair play.

	Rugby Funs	<u>Dodgeball</u>	<u>Gymnastics</u>	<u>Ball Skills</u>	Social Dodgeball	<u>Athletics</u>
	Play a simple game of tag and		Can perform various shapes	Catch/receive a ball safely.		Running/ pumping arms at various speeds
	begin to call 'tag' when taking a bib or belt		Perform basic jump (straight jump, Star jump)	Pass a ball with some control (using either hands, feet or object)		Throw a variety of objects with some accuracy
	Hold the ball with two hands Hand over the Rugby ball sideways		Perform a tuck rock and a tuck roll and rocket roll with pointed toes	Introducing footwork e.g. stopping and freezing in adapted games, landing on spots with two feet		Jumping, bending knees and pushing off – being competitive to improve distance as a pair
	Attempt to get past a defender 1v1		Perform a simple balance holding for 3 seconds	Move into a space in a game, looking to throw/pass the ball to someone in a		Co-operate and compete in a team in various running games
	Scoring a try in a modified drill using correct technique- using 2 hands to place ball down		Perform a bunny hop- hands first then feet Perform a basic sequence (roll, jump	Follow an opponent in a game/adapted game		Leaping over throw down strips and low hurdles when moving
	Small-sided adapted games.		and roll)	Scoring in a variety of ways- into hoops,		g
	Begin to develop tactics for attacking and defending		Moving on and off apparatus with control	goals or targets Begin to develop tactics for attacking and defending.		
				Children begin to learn rules of adapted games. They learn that rules are there to keep you safe and encourage fair		
				play.		
Spanish	Greetings & Manners Supplier of the supplier		<u>Numbe</u>	ers 1-5	<u>Numbers 6-</u>	<u>10</u>
•						