



## Sun Protection Policy

Responsible Committee

Site

Last review date		March	2020
Next review date		March	2024
Signed		Name	
Position		Date	
Governor ratification			
Signed		Name	
Position		Date	


*“MAGIC Children!*  
*Motivated Aspirational Growing in*  
*Independence and Confidence”*


At Brook Lodge we want **MAGIC** children!  
 This is children who are: **Motivated Aspirational Growing in Independence and Confidence - MAGIC!**

# Sun Protection Policy

At Rainford Brook Lodge Primary School we want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

## **EDUCATION –:**

- All pupils will be taught how to stay safe in the sun especially during sunny weather but also at the beginning of the Summer term through: assemblies, and class discussions/lessons

**PROTECTION** – this is an ongoing process and dependent upon finance.

## **Shade:**

- Trees have been planted to allow greater areas of shade on the field.

## **Timetabling:**

- Our sports days will consider the weather before timings are finalised

## **Clothing:**

- Staff will encourage all children to wear sun hats, and sunglasses for those suffering from hayfever.

## **Sunscreen:**

- Sunscreen use will be encouraged on sunny days.
- Parents are encouraged to allow children to apply suncream (see message below).
- In Early Years, parents will need to give written permission for their child to be assisted in applying cream if necessary

## Sun Protection at School

Dear Parents,

We are concerned about protecting staff and pupils from sunburn and from skin damage that can be caused by the harmful ultra-violet rays in sunlight. Skin cancer is the most common form of cancer in the country. As sunburn and almost all skin cancer are caused by the sun, it is possible to prevent this happening. By encouraging sun safe behaviour at school and teaching children about the risks of sunlight, we can prevent them burning and contribute towards preventing skin cancer.

We would like your help and support in this matter. We will be encouraging children to avoid sunburn and overexposure to the sun by:

- **seeking the shade, particularly during the middle of the day**
- **wearing suitable hats**
- **wearing clothing that protects the skin, particularly for outdoor activities and school trips**
- **using a high factor sunscreen (SPF 15+).**

Some children are at greater risk of sunburn than others. Fair skinned, freckled children who burn easily are most at risk from overexposure to the sun and need to take great care when out in the sun. Brown skinned children have a much lower risk of sunburn but still need to take care and protect themselves in stronger sunlight. Black skinned children hardly ever burn and have a very low risk of skin cancer. Those with brown or black skin do not normally need to use sunscreen in the UK but should avoid overexposure to the sun to prevent dehydration and overheating. Babies, regardless of their skin colour, should be kept out of direct sunlight.

Teachers and support staff on outdoor duties or in charge of school outings will remind those most at risk of burning to cover up in the sun and use sunscreen.

You can help by encouraging your child to bring, and wear, a hat at school, particularly on sports days and school excursions.

Sunscreens provide added protection and may be useful when other measures are not available. Dermatologists recommend that a sunscreen with a sun protection factor (SPF) of 15 or above will provide children in this country with adequate protection.

This school encourages parents to apply sunscreen for this purpose before a child comes to school and show their child how to apply sunscreen to themselves as a top up through the day. For children in Early Years or with Additional Needs where they may not have the ability to apply independently, written permission from parents will be required if you need staff to apply a top up for cream for those children who are most at risk.

Yours sincerely

Mr P Reece  
Headteacher